

## Neem oil and its wonderful uses!

Neem oil is pressed from the fruit and seeds of the neem tree (*Azadirachta indica*) most commonly found in India. This tree is a complete treasure chest of healing the list includes leprosy, malaria, TB, as a contraceptive, skin conditions, hair products, body hygiene, ringworm, herpes, warts, fungal infections, lice, mange, inflammations, fevers, in organic farming.

### **Neem oil for thrush**

pour and rub the pure cold pressed neem oil into the frog area, the grooves and the central sulcus area daily and then every other day and so on and so on. The central sulcus area starts to widen, the frog expands and starts to look much healthier.

### **Sweetitch**

Pure cold pressed neem oil is just amazing for soothing bad places where your horse has rubbed, it keeps the midges at bay whilst the bad places heal. It is so safe to use you can put it onto the sore areas, as this will heal and sooth and keep the midges away. I part the mane and pour a few drops onto the skin and massage in. With the tail I rub the oil into the top part and massage well, they love this! Once your horse has healed but is still prone to the midges I recommend applying it every other day as and when you think your horse needs it. In the summer I can go for maybe 3 - 4 days before I have to re-apply the neem oil. Some people believe sweetitch is down to the immune system not working properly, so I also give neem leaf in with their food.

### **Open Wounds**

I have used pure Neem Oil on open wounds with amazing results. Horses hate to have cuts and wounds washed out, so all you need is Neem Oil, as this will clean the infection, keep flies at bay, sooth and heal all at the same time. I have tried this several times now, and Neem is a truly great healer!

### **Rainscald**

If your horse ever gets rainscald, I highly recommend neem oil and neem shampoo, both are amazing at clearing and healing this skin condition.

### **Mud Fever**

When one of my guys had mud fever many years ago I reached straight for the neem oil, this is always my first choice when dealing with my 4 legged friends. I detest all the chemical concoctions on the market, and know they can do more harm than good. I applied the neat neem oil directly onto the bad areas; this gave instant relief to my boy as neem is anti-inflammatory and anti-viral. I applied this daily, eventually going to every other day. After a few days the scabs would start to lift off, and we had beautiful clean flesh underneath. I also fed neem leaf in

his feed which gave his immune system a boost. I don't believe in washing down the legs as personally I think this does more harm.

Before using neem oil/ leaf internally seek professional advice. if you are concerned about your horses health contact your vet  
<http://www.equineherbalist.ie/blog/62-neem-oil-and-its-wo>